NATIONAL GUARD BUREAU



Encl as 111 SOUTH GEORGE MASON DRIVE ARLINGTON VA 22204-1382

S: 15 September 2009

NGB-SFSS 24 July 2009

MEMORANDUM FOR The Military Personnel Office for all States, Puerto Rico, the US Virgin Islands, Guam, and the District of Columbia

SUBJECT: Global Assessment Tool (GAT) Pilot Survey

- 1. The Global Assessment Tool is a survey based instrument used to assess Soldiers on the dimensions of *emotional, spiritual, social*, and *family fitness*. Developed by subject matter experts from the US military and civilian universities, the GAT comprises a series of questions, drawn from scientifically validated scales. Administered online via Common Access Card or Army Knowledge Online Logon ID and password, it takes about 20-30 minutes to complete, and rapidly estimates an individual's fitness in these four dimensions of strength.
- 2. The purpose for taking the GAT at this time is primarily to provide an assessment of the tool and validate the questions asked. Ultimately, the Army will be utilizing the GAT as a tool to determine and support Comprehensive Soldier Fitness (CSF). Since this is a test of the tool, we need your feedback. Information you provide will be used to refine the GAT at the conclusion of the pilot period (1 July 2009 15 September 2009). We ask that you submit your feedback regarding the GAT to SSG Sylvia Bastian, Trauma, Crisis, Violence NCO, Soldier Family Support and Services Division, at sssb@ngb.army.mil.
- 3. The Army recognizes that the Reserve Components make up 50% of the force and must be included in the effort. The operationalization of the Army National Guard has allowed our Soldiers to be recognized as being an integral part of the total Army force. The attached ALARACT requests 2,500 National Guard Soldiers to participate in this opportunity to make this survey a success. Soldiers from NGB and a minimum of 50 Soldiers from each of the 54 State Joint Forces Headquarters will be participating in the survey. After completing the survey you will receive your individualized results showing your ranking in each dimension. Each dimension provides links that can be utilized to increase your resiliency.
- 4. Please click on the following link to access this survey https://www.sft.army.mil. The survey needs to be complete NLT 15 September 2009. We thank you for your support in this effort.
- 5. The point of contact is SSG Sylvia Bastian, Trauma, Crisis, Violence NCO, Soldier Family Support and Services Division, at DSN 327-9543, 703-607-9543, or sylvia.bastian@us.army.mil.

/S/ MARIANNE WATSON COL, GS Army National Guard, G1